

# Navalog

VOL. 102 NO. 30 JULY 26, 2002



**TRIBUTE TO COMMODORE** — Barbara McGann, left, Honorary Chairman of the 19th annual Black Ships Festival, and Kathleen Connell, President of the Japan-America Society and Black Ships Festival of Rhode Island, carry a wreath to the statue of Commodore Matthew Perry during opening ceremonies last Friday at Touro Park. McGann, a retired rear admiral, was Provost of the Naval War College. Story, more pictures, Pages 8 and 9.

Ron Fontaine/U.S. Navy photo



## Admiral visits from BUPERS

Vice Adm. Norb Ryan, chief of naval personnel, gives senior enlisted members an update on reshaping the force and retention.

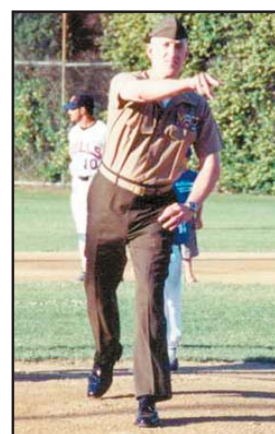
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## NAPS welcomes Class of 2003

The Naval Academy Prep School begins indoctrination week for midshipman candidates in the Class of 2003.

—Page 3



## Gulls salute Chaplain Corps

The Deputy Chief of Chaplains throws out the first pitch as the Newport Gulls hold Chaplains Appreciation Day.

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# Senior enlisted urged to give marginal Sailors 'opportunity'

By **RICHARD ALEXANDER**  
Navalog editor

The Navy's chief of naval personnel said the sea service has listened to the senior enlisted community and has implemented changes to attract quality recruits, retain junior enlisted with career opportunities and better pay, and boldly increase the advancement rate for E-6s to make chief.

But he's asking for more from the senior

Speaking to the Navy's senior enlisted in Tomich Hall, Ryan said the Navy must do a better job of helping provide opportunities for its people.

"The lack of advancement in pay is the No. 1 reason for leaving the service," he said.

Ryan said the Chief of Naval Operations told him the Navy should prepare for a 10-year marathon against terrorism, and skilled Sailors will be needed for its ships, planes and submarines.

Ryan urged the senior enlisted to set a good command climate in the fleet, maintain a positive image, establish a level of professionalism, and set the bar of expectation for the junior Sailors. "This will unleash a freedom to take calculated risks," he said.

Predictability is essential in your commands, he said. "Your people should know what the command's priority is and what the standards are."

He said the most important trait is set a strong personal example for the junior enlisted. "They will be looking out of the corner of their eye" to see how you handle situations.

He said though the Navy reenlistment rates are climbing, more qualified recruits are needed to fill billets at sea and ashore. About 2,800 are needed in force protection so activated reservists can be released.

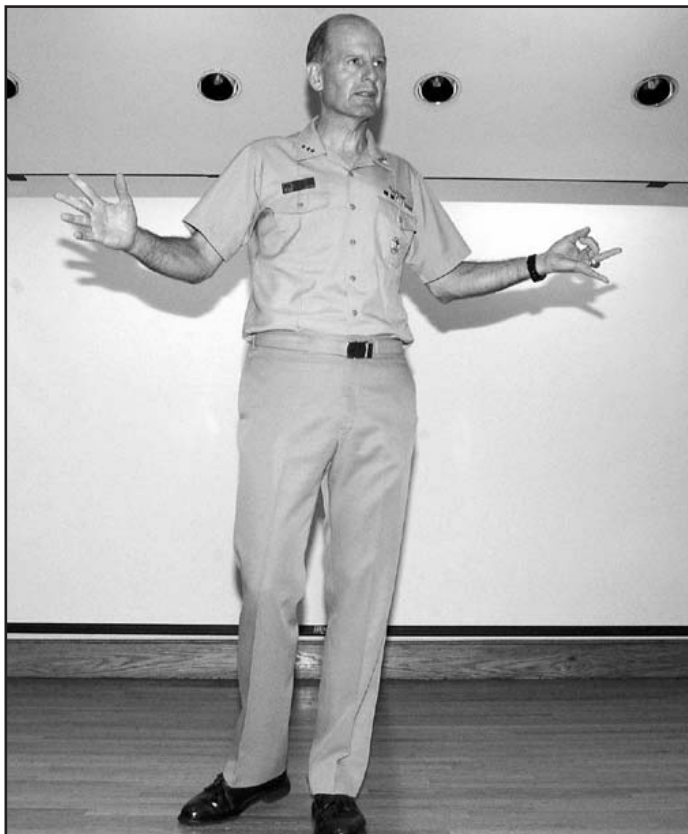
"We will be going back to the high schools, looking for that 'diamond in the rough' who needs an opportunity," he said.

Ryan asked the senior enlisted to show their self-confidence, and don't give up on the marginal Sailor in their ranks.

"Now we must give those people an opportunity," he said. "We're not walking away."

During a question and answer session several money issues were raised. One master chief said much of his time is spent handling abuses of the government credit card, and suggested a new program should be implemented.

Another master chief said the Selected Reenlistment Bonus (SRB) for specific ratings is detrimental, retaining some below average, unmotivated Sailors in the fleet.



Ron Fontaine/U.S. Navy photo

**WORD FROM THE TOP — Vice Adm. Norb Ryan, chief of naval personnel, speaks to senior enlisted members at the Senior Enlisted Academy last week about force reshaping, reenlistments, reenlistment bonuses, pay increases, and leadership.**

and command master chiefs.

Vice Adm. Norb R. Ryan Jr. of the Bureau of Naval Personnel (BUPERS) visited Naval Station Newport last Thursday, spending more than three hours at the Senior Enlisted Academy and Command Leadership School, updating enlisted and officers alike on personnel matters, and answering questions.

"In the 90s we forgot about our people's growth and development," he said. "Everything was measured in sorties, and how many bombs were dropped, and mission accomplishment."

Ryan said the focus now is to make the Navy "Sailor-centric" instead of "detailer-centric."

# Surgeon General calls all hands

By **CYNTHIA C. FLEMING**  
NACC Newport PAO

Vice Adm. (Dr.) Michael L. Cowan, the 34th Surgeon General of the Navy, and Chief, Bureau of Medicine and Surgery, led an all hands call at the Naval Ambulatory care Center on July 18.

Cowan was in Newport as the guest speaker for the Officer Indoctrination School (OIS) graduation on July 19.

Capt. Francis R. MacMahon, Commanding Officer, Naval Health Care New England, accompanied Cowan during his tour of NACC. He also attended an Executive Steering Committee meeting.

During the all hands, Cowan expressed his pride in Navy medicine and those

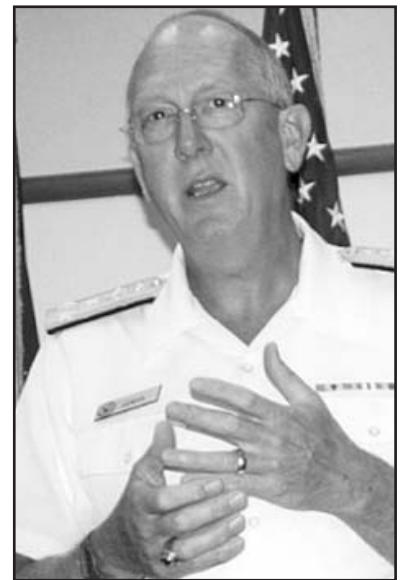
who work to maintain the corps values of honor, courage and commitment and to care for our fighting forces and their families worldwide.

Cowan noted two new challenges that Navy medicine will face by this fall—*E-Health*, which is a tool to allow beneficiaries to access via computers or telephone, health care information, including appointments.

The second challenge will be in the field of perinatal care, which is a social issue as well as a medical one, and includes assignment of a pediatrician prior to the birth of a new baby.

After Newport, the admiral traveled to the NACC Groton, Conn., where he toured the medical facility and conducted another all hands.

Cowan then returned to Newport for a reception with OIS students at the Officers' Club, where he was met by Lt. Cmdr. Mark Conrad from OIS.



Tony Cercena/U.S. Navy photo

**THE SURGEON General of the Navy, Vice Adm. Michael Cowan, speaks at an 'all hands' call at the Naval Ambulatory Care Center, Newport, last week.**

*Navalog*

**Capt. Ruth A. Cooper**

Commanding Officer, Naval Station Newport

<b>Mary K. Silvia</b> NAVSTA Public Affairs Officer	<b>Bob Krekorian</b> NAVSTA Public Affairs Staff	<b>Greg Kohlweiss</b> NAVSTA Public Affairs Staff
<b>Ron Fontaine</b> NAVSTA Public Affairs Staff	<b>Joy Christmas</b> NAVSTA Public Affairs Staff	<b>Richard Alexander</b> NAVALOG Editor

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# Navy Prep's 86th class takes oath

By ENS. C. DOUGLAS and  
ENS. BRYE GERHARDT  
Naval Academy Prep School staff

The 86th class in the history of the Naval Academy Preparatory School (NAPS) was inducted July 18 as officer candidates of the Class of 2003.

The class, made up of 337 candidates, hit the ground running after they took the Oath of Office at 4 p.m. in Capt. Howard Kay Hall.

With mixed feelings of excitement and apprehension, the separation from family and loved ones was difficult. But these leaders of tomorrow will be sufficiently challenged and developed over the next few weeks of their indoctrination process.

There are high expectations for the Class of 2003. The Commanding Officer of NAPS, Capt. Bruce S. Bole, has been working closely with the Assis-



Lt. James Hamilton/U.S. Navy photo

**THE 86TH CLASS** of the Naval Academy Prep School takes its Oath of Office on July 18 at Capt. Howard Kay Hall, as Indoctrination Week gets underway.

tant Battalion Officer, Marine Capt. Joshua Cribbs and with Command Senior Chief Yeoman (AW/SW) James W. Grif-

faw to make improvements to the indoctrination program.

They hope to develop new

methods of training the candidates and preparing them for their future respective academies.

The midshipman or cadet candidates face a strenuous

**NAPS, Page 13**



PHC (AW) Jon Hockersmith/U.S. Navy photo

**A PANEL** of international scholars, advisers and authorities on Iraq, assemble in McCarty-Little Hall, Naval War College, for a two-day conference on 'The Future of Iraq and U.S. Policy Options.'

## Panel addresses policy with Iraq

By LT.J.G. PETER FEHRING  
Naval War College Public Affairs Staff

"The Future of Iraq and U.S. Policy Options" conference was held in McCarty-Little Hall Auditorium at the Naval War College July 18-19. Scholars and advisers from around the globe, including England, France, Israel, the Netherlands, Turkey and Jordan attended the two-day event.

"Our goal was to have panels of experts on Iraq presenting the status of the country and weapons of mass destruction, as well as various options concerning Saddam Hussein," said Dr. Ahmed Hashim, Naval War College Strategic Research Department, conference coordinator. "A large number of scenarios are being considered with respect to Iraq, from deal-

**IRAQ, Page 13**

## Housing safety spurs Read Street closing

MIDDLETOWN — "Safety of children in the Navy housing areas of Coddington Cove and Anchorage is our prime concern," said Charles Silvia, Naval Station Newport Housing director.

For that reason, access to Read Street from Chase's Lane will be limited effective Aug. 7.

The Navy plans to install a gate, which will close the street from 7 a.m. to 7 p.m. each weekday to eliminate an increasing traffic problem and danger to Navy family housing residents. The sidewalk will remain accessible.

The streets through the military residential neighborhoods are being used as thoroughfares between the Access High-

way and Coddington Highway to avoid the traffic on West Main Road. Besides commuters, delivery trucks also are using the shortcut, he said.

Silvia said a temporary gate of sawhorses with a Naval Station police officer on duty may be authorized until the gates are constructed.

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Lt. Cmdr. K Kolaczyk/U.S. Navy photo

**CHIEF ENGINEER, Lt. Chris Atkinson of the guided missile destroyer USS Donald Cook, briefs merchant marine reserve officers from the Advance Gas Turbine School on engineering systems and readiness.**

## Merchant mariners study here

**LT. CMDR. K. KOLACZYK**  
Port Engineer, MSO 102 Syracuse, N.Y.

Seven merchant marine engineering officers completed an intensive overview of gas turbine plant operations at the Surface Warfare Officers School on July 8 to 19.

The course was designed to familiarize merchant marine engineering officers, who normally operate steam and diesel plants, with gas turbine engi-

neering plant operations and maintenance practices.

In addition to classroom instruction, the course involved casualty drills, plant startups and shutdowns on simulators, and a ship check/plant walkthrough onboard a visiting vessel, the guided missile destroyer USS Donald Cook.

Capt. Mike Raab, a merchant marine chief engineer who served on liquefied natural gas

tankers, said, "This course is an excellent opportunity for merchant mariners to familiarize themselves with the propulsion systems used on many naval and military sealift command vessels, as well as, newer commercial vessels.

"Lt. Ben Nguyen, the course administrator and the team at the Surface Warfare Officers School should be commended for developing this course of study."



Ron Fontaine/U.S. Navy photo

**FINAL ADIEU — Capt. Boyd E. Robinson, background, former Commanding Officer, Naval Dental Center Northeast, looks on as Cmdr. Clifford Zdanowicz, right, and Lt. Mathew J. Royal, execute the flag ceremony during Robinson's retirement after change of command ceremonies on Dewey Field on July 17. The ensign flew over all of Robinson's duty stations during his career in naval service.**

### Good Conduct Medal

OS2 Christoph Arnold, Naval Station Newport Port Operations Department, July 10, 2002

BM2 Daniel Gallagher, Naval Station Newport Port Operations Department, July 10, 2002

### Letter of Appreciation

MS2(SW) Wade L. Griffith, Naval Station Newport Supply Department, from Learning For Life, July 10, 2002

Samantha Devos, from Commanding Officer, Naval Station Newport, July 10, 2002

Lori Devos, from Commanding Officer, Naval Station Newport, July 10, 2002

Robert Krekorian, Naval Station Newport Public Affairs Office, from Commanding Officer, Naval Station Newport, July 10, 2002

### Certificate of Appreciation

Wade Tate, Naval Station Newport Fire Department, from Federal Safety and Health Council, July 10, 2002

Naval Station Newport Combined Bachelor Housing (CBH), Silver Pineapple, from American Hotel and Lodging Institute, July 10, 2002

Mark A. Silvia, Naval Station Newport Housing Office, Commander, Naval Facilities Engineering Command, July 10, 2002

### Civilian of the Quarter

Roberta Regan, Naval Station Newport Public Works Department, July 10, 2002

### Civilian Length of Service Award

Raymond J. Dulmaine, Naval Station Newport Supply Department, 35 Years, July 10, 2002

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# What's in your credit report? Have a look

Come to the Fleet and Family Support Center on Thursday, Aug. 8, from 11:30 a.m. to 1 p.m., to learn what a dramatic impact your credit report can have on your financial stability.

Learn what information is contained in your credit report; how to analyze it; what your credit score is and how it is computed; and how major life events impact your credit.

Call 841-2283 to register for this informative workshop, Reading Your Credit Report.

**Checkbook Balancing Workshop** — A representative from the Navy Federal Credit

Union will provide the “ins and outs” of checkbook balancing at the Fleet and Family Support Center on Tuesday, Aug. 13, from 11:30 a.m. to 1 p.m.

The workshop also will feature information on automatic teller machine transactions, VISA Debit transactions, check holds and returned check charges and fees. For information and to register for this workshop, call 841-2283.

**Marketing Yourself for a Second Career** — This workshop is scheduled for Thursday, Aug. 22, from 11:30 a.m. to 1 p.m., at the Fleet and Family Support Center. Participants will receive practical advice

and guidance on how to successfully market and present themselves in today's job marketplace.

Other topics featured will include how to network, conduct informational interviews, develop successful telephone

skills, and the importance of developing a “30-second commercial.” Call 841-2283 to register.



Ron Fontaine/U.S. Navy photo

**ALL TOGETHER NOW...Capt. Daniel Brennock, left, Commanding Officer, Naval Education and Training Center, is one of 10 reenlistment officers who reenlisted 44 enlisted members from several schoolhouses in ceremonies at Building 1112 on July 18.**

## Undersea archeology seminar to include video of shipwreck

NEW LONDON, Conn.— Video from a Revolutionary War shipwreck will be used by the Rhode Island Marine Archeology Project (RIMAP) at an Underwater Archeology Workshop for students in Grades 7 to 9.

The workshop, co-sponsored with the Science Center of Eastern Connecticut, will show a live video link showing divers contracted by Naval Undersea Warfare Center, Newport.

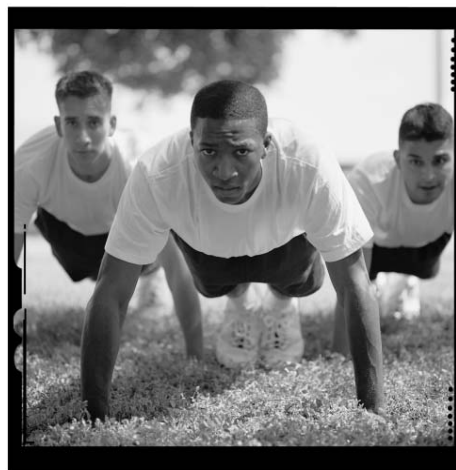
The workshop will be held on Aug. 14 to 15 from 1 to 4

p.m.

The maximum workshop attendance is limited to 20 students. Fees for Science Center members are \$30 and non-member \$35 per student.

For more information contact the science center at (860) 442-0391, or write to Science Center of Eastern Connecticut, 33 Gallows Lane, New London, Conn., 06320.

RIMAP's annual meeting will be Aug. 3 from 10 a.m. to noon at Salve Regina University in Newport.



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# Scorpions in exhibit

PROVIDENCE — Roger Williams Park Zoo's new exhibit "Stings and Things," will open Aug. 1, and will be held every Thursday thereafter in August, from 11 a.m. to 3 p.m. The exhibit is free with regular zoo admission.

"Stings and Things" explains the smallest and most deadly of the world's predators: scorpions.

Featured will be the Yellow Fattail Scorpion, whose venom can kill an adult male human in two hours. It has earned the reputation of being the most dangerous scorpion in the world.

The Giant Vinegaroon, a whip scorpion, emits vinegar to scare away predators.

There are also some scorpion-inspired activities for visitors.

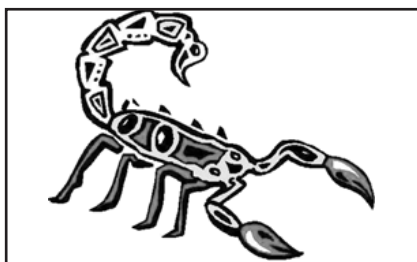
Make sure you don't miss "a lot of sting in a small package."

**TODAY, July 26**

- Armed Services YMCA:
  - Kids' Sewing Camp, 10 to noon
  - Family Fun Cookout, noon to 2 p.m.
  - Scrapbooking, 6 to midnight
- Lunchtime BINGO, Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
- Providence World Music Festival Series, Waterplace Park, Kofo the Wonderman, 7 p.m.
- Save the Bay/New England Aquarium, Easton's Beach, 1:30 to 2:20 p.m., 401-272-3540.
- Movies, Recreation Center, beginning at 5 p.m.: *John Q* (PG13) and *We Were Soldiers* (R). Other movies are available and may be shown upon request.
- Flight of Steps, Island Moving Co. dance performance, Fort Adams, 6:30 p.m. 847-4470.

**SATURDAY, July 27**

- Community First Aid and Safety Review, American Red Cross, 8 a.m. to 1 p.m., 846-8100.
- Sailing and Boat Handling, International Yacht Restoration School, 9 a.m. to 4 p.m., 848-5777.
- Newport Harbor Kayak Paddle, Kayak Centre of Newport, 9 a.m. to 12:30 p.m., 1-800-NARRBAY.
- Eighth annual Gob Shops Goal-keeping Clinic, Glen Farm, 10 a.m. to 12:30 p.m., 556-3028.
- Live Jazz, Greenvale Vineyards, Wapping Road, Portsmouth, 1 to 4 p.m., 847-3777.
- Governor's Bay Day, all state parks and beaches, free admission



**SCORPIONS will be featured in Roger Williams Park Zoo's new exhibit, 'Stings and Things,' which will open Aug. 1.**

all day, 222-2632.

- UBS Challenge U.S. Championship, Goat Island, (203) 352-5225.
- Pawtucket Red Sox vs. Ottawa Lynx, McCoy Stadium, Pawtucket, 6:05 p.m.
- Flight of Steps, Island Moving Company dance program, Fort Adams, 6:30 p.m., 847-4470.

**SUNDAY, July 28**

- Chapel of Hope worship services:
  - Catholic mass, 9 a.m. and noon
  - Protestant Services, 8 and 10:30 a.m.
- Sunday Bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Basic Navigation, International Yacht Restoration School, 9 a.m. to 4 p.m., 848-5777.
- UBS Challenge U.S. Championship, Goat Island, 203-352-5225.
- Pawtucket Red Sox vs. Ottawa Lynx, McCoy Stadium, Pawtucket, 1:05 p.m.
- Newport Gulls vs. Keenes of New Hampshire, Cardines Field, 4:05 p.m., doubleheader. 845-6832.
- Summer Concert Series, Soule-Seabury House, Tiverton, 5 p.m., 624-2600.
- Newport Summer Comedy Series, Newport Yachting Center, 7:30 p.m., 846-3018.

**MONDAY, July 29**

- Armed Services YMCA:
  - Fitness Hour, 8 to 9:30 a.m.
  - Fitness Hour, 9 to 10:30 a.m.
  - Kids' Sewing Camp, 10 a.m. to noon, \$80 in advance.
  - "Wet and Wild," 11 to noon.
  - Fitness Walk and Tone, 8 to 9 a.m., Gym 109.
  - Intermediate Weight Training for Women 9 to 10:30 a.m., \$10 per person.
- UBS Challenge U.S. Championship, Goat Island, 203-352-5225.
- Pawtucket Red Sox vs. Ottawa Lynx, McCoy Stadium, Pawtucket, 7:05 p.m., 724-7300.
- The Edwards Twins, Newport Playhouse and Cabaret Restaurant, 8 p.m., 848-7529.

**TUESDAY, July 30**

- Armed Services YMCA:
  - Fitness Hour, 8 to 9:30 a.m.
  - Fitness 9 to 10:30 a.m.
  - Scrapbooking, 9 to noon.
  - Kids' Sewing Camp, 10 a.m. to noon. \$80 in advance.

— Fitness Hour, 1 to 2:30 p.m.

- Fitness Walk and Tone, 8 to 9 a.m., Gym 109. \$5 for five weeks! Call 841-3154.
- Intermediate Weight Training for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.
- Pawtucket Red Sox vs. Ottawa Lynx, McCoy Stadium, Pawtucket, 12:05 p.m., 724-7300.
- Officers' Club movies, 6 p.m. *Showtime* (PG13); 8 p.m. *The Sweetest Thing* (R).
- Family Night Concert Series, Easton's Beach, 6 p.m., 846-6491.
- Newport Gulls vs. Thread City, Cardines Field, 6:35 p.m., 846-6832.
- The Edwards Twins, Newport Playhouse and Cabaret Restaurant, 8 p.m., 848-7529.
- The Astor Ball, Astors' Beechwood Mansion, 8 p.m., 401-846-3772.

**WEDNESDAY, July 31**

- Armed Services YMCA:
  - Kids Sewing Camp, 10 a.m. to noon, \$80 in advance.
  - Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 for each additional child.
  - Fitness Hour, 1 to 2:30 p.m.
- "Once Upon a Summertime," Newport Public Library, 10 a.m., 847-8720 ext. 204.
- Arachnifest, Roger Williams Park Zoo, 11 a.m. to 3 p.m.
- UBS Challenge Finals, Goat Island, (203) 352-5225.
- PM Picnics, Newport Art Museum, 6:30 p.m., 848-8200.
- Newport Gulls vs. Middletown, Conn., Cardines Field, 6:35 p.m., 846-6832.

**THURSDAY, August 1**

- Armed Services YMCA:
  - Fitness Hour, 8 to 9:30 a.m.
  - Fitness Hour, 9 to 10:30 a.m.
  - Kids' Sewing Camp, 10 a.m. to noon, \$80 in advance.
  - Tumbling Tots, 11 to noon.
  - Adult Beginner Sewing Np. 2, 6 to 9 p.m.
  - Stamp-o-Rama, 6:30 to 9 p.m.
- Stings and Things, Roger Williams Park Zoo, 11 a.m. to 3 p.m.
- Lecture on Stanford White, Rosecliff, 11 a.m., 847-1000.
- UBS Challenge sailing finals, Goat Island, (203) 352-5225.
- Navy Thrift Shop outdoor bins reopen.
- Bank of Newport Children's Night Series, Easton's Beach, 6 p.m., 401-846-6491.
- Murder Mystery Tour, Astors' Beechwood Mansion, 8 p.m., 401-846-3772.

**UPCOMING EVENTS:**

- Aug. 2, Officers' Club Clam-boil feast. \$24.95 adults, \$11.45 children 4 to 12, call 846-7987.
- Aug. 9, Naval Station Newport's third concerts in Summer Concert Series, Dewey Field, 6 p.m.

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# Visit Patient Library and take care of yourself

**LT. CMDR. ROGER FAZIO**  
Chairman, Family and Patient Education  
Committee

Naval Health Care New England encourages patients to actively participate in their

own care and that of their family members.

One excellent resource available to beneficiaries is the Patient Library located within the medical library in Building 43 at Naval Ambulatory Care

Center, Newport. Information available for patients focuses on both prevention and treatment, and includes a variety of topics, such as diabetes, cardiovascular fitness and exercise, asthma, arthritis and

childbirth.

The librarian, Mrs. Winifred Jacome, will be able to assist you in accessing the available resources, which include books, periodicals, videos and the Internet. Books and

videos may be checked out for further reviewing at home. The library hours are Monday through Friday, 8 a.m. to 5 p.m., except holidays.



YN1 Ginamarie Doherty/U.S. Navy photo

**GIFT FROM CUBS — Seneca Benson, 10, of Cub Scout Pack 27, presents Capt. Ronald Brinkley, Commanding Officer, Surface Warfare Officers School Command, with a hiking stick as gesture of appreciation. Brinkley is the pack's sponsor.**

## Cub scouts thank captain for support

**YN1(SW) G. DOHERTY**  
SWOS Public Affairs Staff

Seneca Benson, 10, a Webelo in local Cub Pack 27, presented Capt. Ronald Brinkley, Commanding Officer of Surface Warfare Officer School Command (SWOSCOLCOM), with a hiking stick on July 11.

Capt. Brinkley, who sponsors Pack 27, presented Seneca with a SWOS perfected commemorative coin in an effort to continue the Scout Reach Program. Lt. Dustin Demorest and Chief Gas Turbine Systems Technician (SW) Jeffrey Morrison, founder of the Scout Reach Program, escorted Seneca to present the award.

Pack 27 is composed of 20 scouts and has been active for only two years. The Scout

Reach Program, which began in March of this year, unites SWOS personnel and the Cub Scouts on a weekly basis.

They have worked together creating meaningful Mother's Day and Father's Day gifts for Pack 27 parents. Additional activities such as running, push-ups, and sit-ups have earned the pack its Physical Fitness belt loop, which Seneca proudly wears along with his Ultimate Frisbee belt loop.

During an interview following the award ceremony, Chief Morrison complimented Seneca on the sharp military creases in his Cub Scout uniform.

When asked if he likes what he's doing with the Scout Reach Program, Seneca said with a smile, "I love what I'm doing."

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# Tribute paid Commodore Perry



LAPEL pin on the collar of a guest displays the Japan and U.S. flags.

Ron Fontaine/  
U.S. Navy photos

**JOINT EFFORT** — Capt. Ruth A. Cooper, Commanding Officer, Naval Station Newport, and Mr. Chiaki Tanaka, president of Toray Plastics America, Inc., carry a wreath to the foot of Commodore Matthew C. Perry's statue during opening ceremonies for the Black Ships Festival last Friday in Touro Park.



## Annual Black Ships Festival highlights Japan/U.S. accord

By JOY CHRISTMAS  
NAVSTA Public Affairs Staff

A delegation of Japanese dignitaries gathered with state, local and military representatives at the statue of Commodore Matthew C. Perry in Touro Park in Newport last Friday for the opening of the 19th annual Black Ships Festival.

Sponsored by the Japan-America Society of Rhode Island, the three-day cultural exchange between Newport and its sister city of Shimoda, Japan, commemorates Perry's efforts in 1853 to open friendly trade relations with Japan.

The Newport native sailed to Japan with a fleet of black-hulled ships, and his negotiations led to the

signing of the Treaty of Kanagawa in 1854. Perry's efforts ended Japan's more than 200 years of self-imposed isolation from the western world.

Among the military representatives participating in the ceremonies were Rear Adm. Rodney Rempt, President of the Naval War College; retired Rear Adm. Barbara McGann, former Provost, Naval War College; and Capt. Ruth Cooper, Commanding Officer, Naval Station Newport.

Rear Adm. Rempt spoke of the many historical events that transpired following the establishment of friendly accord. He cited such events as the Industrial Revolution, the Russo-Japanese War and naval armament agreements that failed to prevent the World War II conflict.

Although sometimes strained, Rempt said, the relationship has stood the test of time.

"From the ashes of that war arose the world we see today, one in which Japan provides economic and cultural influence way beyond the relative size of her populations."

With assistance of another historic U.S. Navy leader, Adm. Arleigh Burke, Japan established the Japan Maritime Self-Defense Force, and now deploys in defense of freedom in the western Pacific, he said.

"As allies, the people of America and Japan have stood shoulder-to-shoulder through the Cold War, Desert Storm, and now the chal-



**REAR ADM. Rodney Rempt, President of the Naval War College, gestures as he reviews the growth of Japanese-American relations since 1854.**

**BLACK SHIPS, Page 9**





**NAVAL STATION NEWPORT color guard posts the colors in front of Commodore Matthew Perry's statue in Touro Park.**

## Black Ships

Continued from Page 8

lenges of the war on terrorism," said Rear Adm. Rempt. "These two great navies have grown closer through a half-century of cooperative efforts, and we expect to see our friendship continue to grow in the decades ahead."

Japanese Consul General Tadamichi Yamamoto lauded Perry's perseverance in establishing a relationship with Japan.

"One-hundred-forty-nine years is not a long time, but much has happened between us for the better," Yamamoto said.

In the aftermath of the tragic events of last Sept. 11, Mr. Yamamoto said as powerful and rich countries, the United States and Japan play very important roles on a global stage.

Extending greetings in both Japanese and English, McGann recited in Japanese and translated as described from journals the words of a Japanese sailor present during Commodore Perry's visit.

"Japan and America — of one mind." Those words underlie the spirit of this great

celebration," said McGann, the festival's Honorary Chairman.

Lt. Gov. Charles Fogarty, representing Gov. Lincoln Almond and the state of Rhode Island, described the friendship between the United States and Japan to the old proverb, "A forest is in an acorn."

"In the almost 150 years following Commodore Perry's initial trade agreement, The relationship between our two countries has become stronger and has benefited both of us and grown together as friends. That's what this week's festivities are about."

Following the brief remarks, the American and Japanese dignitaries paired for ceremonial laying of wreaths at the foot of Perry's statue.

A five-member color guard was provided by Naval Station Newport. Navy Band Northeast's Ceremonial Band played patriotic music, including the American and Japanese anthems.

The festival concluded on with memorial and wreath-laying held Sunday at Perry's grave at Island Cemetery, Newport.



**MUSICIAN Second Class Nathan Bissel, of Navy Band Northeast's Ceremonial Band, follows along on the playing of the Japanese national anthem.**

## Announcements

### Child Development seeking caregivers

The Naval Station Newport Child Development Programs are looking for qualified individuals for the preschools and Child Development Center. The nationally accredited programs provide developmentally appropriate learning activities for children ages six months (at the center) to 5 years (in the pre-schools).

Providers gain hands-on experience and the opportunity to complete appropriate training to further professional development. Full performance caregivers should have knowledge of appropriate child-care practices and must be responsible, flexible, nurturing and confident. Part-time teachers and teacher's aide positions are available.

For more information, call 841-1953.

### Ft. Adams preschool schedules registration

Registration for Fort Adams 2002/2003 part-day preschool will be held on Aug. 19 from 9:30 a.m. to noon at the Fort Adams Preschool, Building T-381. Children must be 3 years old by Oct. 31 and toilet-trained.

The following items are required to register your child:

1. Child's current immunization record.
2. \$15 non-refundable fee per child.
3. Military sponsor's current Leave and Earnings Statement (LES).
4. Name and phone number of local emergency contact (other than parents).
5. September's tuition (half-month).

All fees are based on family's total income. For more information, please call Linda Ferri at 841-2080.

### Food service worker needed

Coddington Cove Preschool, a NAEYC accredited preschool for 3, 4 and 5-year olds, is seeking a food service worker to help deliver prepared food to classrooms.

Responsibilities include setting up carts with needed supplies, delivering the food and cleaning up after meals, as well as maintaining a regularly inspected kitchen and all required documentation.

For more information, contact the preschool at 841-2080.

## NAVSTA civil servants select NAGE for union

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

Non-professional civil service employees at Naval Station (NAVSTA) Newport recently went to the polls to select their collective bargaining union representative.

In elections held June 26 at the NAVSTA Recreation Center, Building 656, employees opted for the National Association of Government Employees (NAGE) Local R1-134, over the American Federation of Government Employees (AFGE) Local 190, with 88 per-

cent of the vote.

AFGE had represented non-professional community employee at NAVSTA since 1998.

Patrick Lavery, President, NAGE Local R1-134, said he is enthusiastic to begin service to NAVSTA employees.

"I look forward to working with former AFGE members as a cohesive group to make NAVSTA a better place to work."

NAGE Local R1-134 represents all employees. However, union status entitles employees access to other benefits.



## Naval Station Newport Dining

### Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

**Today:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

**Tonight:** Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or enjoy a free food buffet. Deck and Pub open at 4 p.m. Rocking DJ Lou Pazienza will be spinning tunes from 5 to 9 p.m. every Friday.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

**Sunday:** All hands Brunch, buffet-style, main dining room, 10 a.m. to 12:30 p.m. Reservations required.

**Monday and Tuesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

**Wednesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free Sliced Beef Sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

**Thursday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, creamy clam chowder and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

### Upcoming Events:

Advance tickets may be required for below events. Gratuity is included in all ticket prices and there is no charge for children 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

**Aug. 2:** Purchase tickets today for a summer tradition: an all-you-can-eat New England Clamboil feast, including favorites such as creamy clam chowder, stuffed quahogs, steamers and little necks on the half shell.

Cost is \$24.95 for adults, \$11.45 for children 4 to 12, and free for children 3 and under. Include a one-pound lobster with your clamboil for just \$30.95 for adults and \$18.95 for children 4 to 12, a price you won't find anywhere else! Seatings are available from 6 to 9 p.m. and must be reserved at time of ticket purchase. For more information, please call

846-7987.

### Enlisted Lounges

(Building 656, phone 841-3054)

**Today:** Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Tonight:** Head over to the deck tonight and every Friday night and kick off the weekend

with a dynamite deck party! Starting at 5 p.m., you are invited to enjoy grill-your-own complimentary hot dogs, hamburgers and much more, as you sip refreshing beverages, and listen to the coolest tunes, spun by "Deck D.J." Tim West.

The party moves inside in the case of inclement weather. So, mark your calendar, tell your friends and get ready to kick off the weekend at the Rec.

Center. For more information, call 841-3054.

From 5 to 8, order our fish 'n chips dinner. Call for take out. No home delivery.

**Saturday:** 3 to 11 p.m., Pub menu available all day.

**Sunday:** Noon to 8 p.m., Pub menu available all day.

**Monday-Friday:** Breakfast, 7:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins, croissants and pancakes.

Lunch, begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

Call for advance order takeout. No home delivery.

Tuesday is "Taco Night," 5 to 8 p.m. Create your perfect taco using all your favorite ingredients.

Wednesday is "Wild Wings" Night, 5 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce.

Thursday is our "Sizzling Sirloin Special," 5 to 8 p.m. Includes steak, french fries and salad.

### Ney Hall Galley

(Building 292, phone 841-4450)

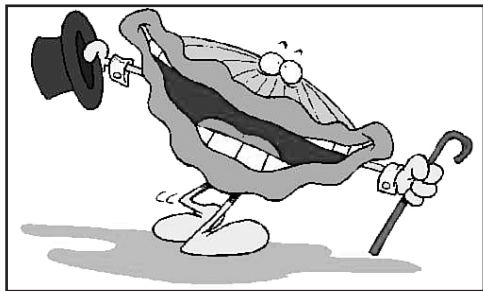
All hands welcome.

**Weekdays:** breakfast, 6 to 7:15 a.m.; lunch, 11 a.m. to 12:30 p.m.; and dinner, 5:15 to 6:30 p.m.

**Saturday:** breakfast, 6:30 to 8 a.m.; lunch 11 a.m. to 12:30 p.m.; and dinner, 5 to 6:15 p.m.

**Sunday:** breakfast 8:30 to 10 a.m.; lunch, 11:45 a.m. to 1 p.m.; and dinner, 5 to 6:15 p.m.

Call for daily menus and meal charges.



**YOU'LL BE HAPPY AS A CLAM at high tide when you feast at the Officers' Club New England-style Clamboil on Aug. 2. Call 846-7987.**

## Ticket Connection

### Vacation club offers resort stay at discount

All active duty and retired military personnel, reservists and DoD personnel are eligible to participate in the Armed Forces Vacation Club. The club provides one-week vacations on a space available basis at selected RCI Resorts located throughout the United States, Europe, South America, Canada, Mexico and Australia. For complete information on how to book your dream vacation visit the Armed Forces Vacation Club website at or call or stop by the Ticket Connection, Building 656, 841-3116.

### See Big Apple at Christmas

Get a jump on the holiday season with tickets to the Ticket Connection's Radio City Christmas Spectacular bus trip on Friday, Dec. 13. This is a wonderful gift for your entire family that will be remembered for years to come.

This trip is an annual sell out and tickets are limited, so act fast! Per person cost is \$100 and includes round trip motorcoach transportation and ticket for the 3 p.m. matinee performance. There will be ample time prior to the performance to shop or sightsee. A \$50 per person deposit is required at the time of registration. The balance will be due by Nov. 12.

If you'd rather hit the store, hop on board and experience Christmas shopping New York style! See the spectacular Rockefeller Center Christmas tree with its 78,000 lights, visit famed toy store FAO Schwarz, or shop for the latest fashions.

Trip price is just \$43 per person and space is limited. Register at the Ticket Connection, Building 656 or call 841-3116 for more information.

### New York attractions at discount

The MWR Ticket Connection is pleased to announce the arrival of discount tickets to some of New York City's hottest attractions!

Visit the ticket office in the Recreation Center, Building 656, and pick up tickets to Madame Tussaud's Wax Museum, the NBC Studio Tour, Grayline Sightseeing Tours and the Intrepid Air, Sea and Space Museum, all at an affordable price!

Discounts are also available for selected hotels on a space available basis.

Stop by today for more information or to pick up some tickets.

### Take 'whale' of a trip

Join the Ticket Connection on Saturday, Aug. 24, on an exciting whale watching trip that is sure to be the highlight of your summer.

A motorcoach will take you to Provincetown, Mass., for a three and a half hour excursion to view these magnificent mammals frolicking in their natural habitat. Provincetown's close proximity to the whales' migration route and breeding ground allows for numerous sightings of fin, humpback and right whales. Don't forget your camcorder and camera.

Trip price is \$45 per person regardless of age. This trip is not recommended for children under age 6.

Price includes round trip bus transportation between NAVSTA Newport and Provincetown, and ticket for the 12:15 p.m. departure.

Prior to the whale watch you will have time to shop and browse in the unique shops and galleries, or enjoy a leisurely luncheon. Reservations can be made at the Ticket Connection, Building 656. Call 841-3116 for more information.



# Is your marriage held by staple or paper clip?

**LT. CMDR. L. D. KALSOW**  
Naval Chaplains School

During the week of July 10 to 14, I attended the Smart Marriages Conference in Washington D.C.

Seventeen hundred people deeply interested in the well-being of one of our nation's most precious institutions — marriage — gathered to learn how to promote marriage well-

## Keeping the Faith

ness on several levels.

A host of

subject matter experts educated the attendees with insightful research and helpful skills. The story of the paper clip versus the staple probably was the most insightful.

When you fasten a sheaf of papers with a paper clip, what is your eventual intent? At some point, you know you may have to take that sheaf apart again.

When that assortment of papers, secured by only a paper clip, falls and you manage to grab just one of the falling sheets, what happens? The rest of the papers slip from the grasp of the paper clip and scatter across the floor.

Scott Stanley of the PREP marriage enrichment program bridged the audience from that paper clip analogy to the realities of the lack of commitment in marriage relationships and cohabitation arrangements.

The paper clip symbolizes the shakiness of the relationship. A recent survey suggested that men willingly choose living together because they know they may take that relationship apart later because "she's not really the one."

An increasingly common cliché these days is "the starter marriage," referring to the idea that the first marriage is expected to be a practice marriage where the couple works out their relationship mistakes and then moves on to a more successful second marriage with someone else. Unfortunately, research data suggests that second marriages fall apart faster than the first. It's like using a paper clip that has lost its grip.

The alternative analogy, Dr. Stanley suggested to his audience, was the symbolism of the

staple. When you staple two pieces of paper together, you do so with the idea that they're going to be together for life.

When a crisis knocks two pieces of stapled paper off

your desk, you could catch just one in mid-air and the staple will save them both from falling.

Marriage, according to Dr. Stanley, should work the same

way. When you stand in front of the pastor or the justice of the peace, you are making a conscious choice to be stapled together for life with the intention of not being taken apart

again.

Understanding that every marriage is challenged in some way during its lifetime, Dr.

**FAITH, Page 13**

## "The accident was 20 miles from nowhere in Montana. USFHP brought us home."

"My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver. It landed at 8:00 a.m. and we were on our way at 9:00 a.m. — the pilot, copilot, ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary."

- Rod Walz, US Air Force, Ret.  
USFHP member; Falmouth, MA



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## Leisure

### MWR unveils special fitness programs, events for August

**New youth fitness program** — Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and Fitness Plus) are required to participate in a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds who may choose to participate in the fitness assessment program.

The Youth Fitness Class will take place on Tuesdays from 4 to 5 p.m., Aug. 20 through Sept. 17 with the majority of the sessions being held at Fitness Plus, Building 355. Parents are required to be in the building where the course is being held during all class sessions. Pre registration is required and may be made at Gym 109 or Fitness Plus.

Call 841-7196 for information or to pre-register.

**Biathlon Challenge wants you!**— Morale, Welfare and Recreation has announced a Biathlon Challenge on Friday, Aug. 23 at 3:30 p.m. This no-fee event is open to all eligible patrons age 18 and over, and will begin with a half-mile swim at Pool 307, immediately followed by a 5k run, which concludes at Gym 109.

The top male and female finisher will win a \$20 gift certificate to Foot Locker and the first 40 pre-registered participants will receive a t-shirt. Refreshments will be available at Gym 109 at the conclusion of the biathlon.

For more information, call Gym 109 at 841-7196.

**Weight training for classes for men**—Learn how to properly use resistance machines and free weights at this new Gym 109 class specifically designed for male patrons. The class will be held on Monday evenings for five weeks, from 5:30 to 6:30, beginning on Aug. 26.

Participants will learn the proper techniques of weight training and the positive effects it has on every day life. All eligible patrons ages 18 and over are welcome to participate and the cost is just \$5. To register, call Gym 109 at 841-7196.



**BEST ON LINKS** — Winners of the Morale, Welfare and Recreation 'Super Summer Scramble' golf tournament on July 11 at Swansea, Mass., Country Club pose with their gifts. From left are Jim Hamilton, Brad Hartzell, Tyler Dunaway and (not shown) Bruce Bole. The next tournament will be Aug. 16.

Amy Courville/U.S. Navy photo

## Sports

# Chaplains 'pitch' for Gulls



Naval Chaplains School photo

**CHAPLAIN DELIVERS** — Rear Adm. Louis Iasiello, Chaplain of the Marine Corps, throws out the first pitch at the Newport Gulls game on July 11. It was Navy Chaplains Appreciation Night.

"Take me out to the ball game."

That summed up the outing for over 80 students and staff members of the Naval Chaplains School at Naval Station Newport who were special guests of the Newport Gulls collegiate baseball team.

Rear Adm. Louis Iasiello, Chaplain of the Marine Corps and Deputy Chief of Chaplains of the Navy, threw out the "first pitch" at Cardines Field on July 11.

According to Cmdr. Jim Fisher, Deputy Director of the Naval Chaplains School, the night at the ballpark provided some much needed rest and relaxation for the chaplain students and a chance to meet their future boss, Chaplain Iasiello.

"The students just completed four weeks of rigorous training where they are making the transformation from civilian pastors to institutional chaplains," Fisher said.

"In fact, tomorrow morning they have a 0400 reveille in order to participate in a training hike with full combat pack, helmet, flack-jacket, and 782 gear, roughly 75 pounds total weight."

Navy chaplains provide religious support to each of the sea services, which also includes the U.S. Marine Corps, the U.S. Coast Guard, and the merchant marines.

Cardines Field, located in downtown Newport, was built in 1937. It is the oldest operating baseball field in the world.

## Team USA gets Navy hospitality

By **JOE LOTHROP**  
Newport Gulls

The Naval Academy Preparatory School (NAPS) and the Newport Gulls were hosts for Olympic baseball Team USA on July 10-12.

The two-day visit to Newport was highlighted by numerous events and appearances including a tour of the Newport mansions, Team USA social at by O'Brien's Pub in

Newport, and a pre-game luncheon at Ney Hall galley, hosted by Capt. Ruth A. Cooper, Commanding Officer, Naval Station Newport.

While speaking at the luncheon, Capt. Cooper asked Newport Gulls field manager Lt. Cmdr. Terry Allvord for a prediction on the Gulls game with Team USA on July 11 at Cardines Field.

Allvord said that he felt his club would "provide the chal-

lenge Team USA needed before heading overseas to compete in Italy."

A challenge is exactly what they got as the New England Collegiate Baseball League's first place Gulls jumped out early, and stayed there for most of the game in front before a record crowd of over 2,100 fans.

Despite getting just three base hits, the USA team eked

**TEAM USA, Page 13**



Iraq

Continued from Page 3

ing with terrorism to outright invasion ensuring Hussein is ejected from power.”

Panel focus was directed toward the development of U.S. relations with Iraq in the 10 years following Desert Storm; Iraq’s current internal governmental, military and socio-economic situations; and Allied debates and concerns for the future.

Hashim presented “Saddam and Iraqi Civil-Military Relations” on the first day of the conference. He spoke about Saddam’s beliefs and the way he has controlled Iraq’s military and government to ensure his continuation of power.

Saddam believes that strict control over his military is the best way to prevent a military coup in the Iraqi government, according to Hashim.

“Saddam thinks that a government with military officers in high-ranking positions can be easily overthrown. That’s

the reason he never allows an Army officer to serve in the Army and government at the same time,” said Hashim.

Hashim also described some of the ways Saddam keeps a tight grip on his Army.

“Saddam’s major means of coup-proofing his Army include purges and rotations in the officer corps, so no group of officers can build a base of support for an uprising. He has also been known to force mass military retirements of influential military leaders, and have high-ranking officers who have plotted against the government executed.

Saddam keeps control of military pay, benefits and living conditions as well as intelligence information, in order to ensure he always has complete control in all aspects of military operations.”

Shifting gears to address the possibility of a U.S. response to

the situation in Iraq, Ambassador Chas Freedom spoke, highlighting his reasons why the U.S. should and should not go after Saddam Hussein.

“The world would probably be a much better place without Saddam. However, the U.S. cannot play Lone Ranger in this situation, in fact, we would need widespread political, military and logistical support, which we may not get from many countries,” said Freedom. “It’s very unwise to threaten to do something before you have thought it all the way through. We must consider that it may not be logistically possible to invade

Iraq without significant sup-

port in all areas.”

“The difficulty of invading Iraq can be seen when we understand Iraq’s strategic personality,” said Caroline Ziemke, from the Institute for Defense Analysis. “Iraq’s main concerns are territorial security and internal social cohesion. Saddam Hussein desires an order-enforcing central government and a strong army to avoid ‘geographical encirclement’ by asserting cultural and strategic superiority.”

“Iraq’s concern for territorial defense is bordering on paranoia. That’s what would make it such a difficult country to invade,” said Ziemke.

Team USA

Continued from Page 12

out a 3-2 victory.

With the win, Team USA improved its all-time record to 12-0 (over the past three summers) against NECBL opponents.

Team USA Head Coach Lelo Prado (Louisville) said he was impressed with the Gulls and happy that his team got the chance to compete in a tight one-run game in preparation for the tournament in August overseas.

“The (Navy) base took great care of us. It was a rare opportunity for them to meet some outstanding military personnel and I think the players had a good time.

“Newport’s a fine organization with a well coached club, great players and a great venue. Without those walks we might still be playing. I hope they come back again next year, too.”

NAPS

Continued from Page 3

three-week indoctrination program, followed by a 10-month academic curriculum that includes calculus, chemistry, physics and English.

They must earn a 2.0 or better to proceed to their respective academies — the Naval Academy, the Coast Guard Academy or the Merchant Marine Academy.

Their days will include a minimum of five classes, as well as athletics and drills.

Capt. Bole has inspired a positive leadership attitude within his staff and faculty. The prep school graduated the largest percentage of candidates in its history last year.

One of the many changes is the addition of more experienced faculty members. Other improvements include new furniture and accommoda-

tions for the students and the opportunities to earn more privileges for academic, military, and fitness performance.

Recreation Board to meet August 1

The Morale, Welfare and Recreation Department’s Recreation Board meeting will be Aug. 1 at 10 a.m. in Building 656.

The following items are on the agenda: the Summer Concert Series, fall bowling leagues, year end unit allocations, sail/powerboat training program, MYA/adult intramural sports program, and Recreation Center overview.

Additional agenda items should be submitted to Recreation Director Jeff Shea at 841-3127.

Faith

Continued from Page 11

Stanley believes that a couple “stapled” together for life will survive relatively intact if they would just stay together and work it out.

Research suggests that no matter the nature of the challenge to the relationship, it is just a storm that can be weathered with fair winds and following seas just on the other side of the storm.

Couples who have resisted divorce as an option to a relationship difficulty have actually discovered greater relationship happiness after the difficulty was resolved.

So the next time you hear

the preacher quote those words from scripture over a newlywed couple, “What therefore God has joined together let no man (or woman) take apart,” think deeply about those words. Do you think He had a paper clip in mind or a staple?

By the way, if you’d like to trade in your paper clip for a staple, our own Fleet and Family Support Center offers a wonderful marriage enrichment program called PREP based on the work of Dr. Stanley mentioned above. Call them for class dates.

Intramural softball

The Naval Station Newport Intramural Softball League results for week ending July19 follow:

July 15  
NACC def. Blue Shirts Bombers, 9-7  
No Names def. NJS, 11-7

July 16  
T-Hawks def. Blue Shirts Bombers, 15-11  
T-Hawks def. Out of the Box, 15-16  
Chiefs def. NJS, 14-8

July 17  
NACC def. Chiefs, 7-6

July 18  
Out of the Box def. T-Hawks, 19-1  
Standings  
No Names.....11-1  
NACC.....8-3  
Out of the Box.....7-4  
Pier 2 Puddle Jumpers.....5-3  
T-Hawk.....5-9  
Chiefs.....4-8  
NJC.....6-6  
Blue Shirts Bombers.....4-9

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CLEANING OFFICES: Local cleaning co. is looking dependable people w/their own transportation to full & part time day/even positions. Call 841-5125.

CLERICAL/ADMINISTRATIVE. Aquidneck Employment invites you to join our 1 team of temporary employees working locally (Aquidneck Island. Cleric Secretarial, Reception, & light industrial posit available on a short long-term basis. Some could lead to permanent No fees! Please call 842-2898 to schedule an interview.

COUNTER HELP, eves., wknd. shifts, part time, local laundry. Apply in person, Shop & Wash, 1376 W. Main Road.

COUNTERPERSON. Up-scale coffeehouse seeks: mature, reliable barista; counterhelp who enjoy working with people in pleasant, upbeat environment. Apply in person Custom House Coffee, 796 Aquidneck Ave., between 6 am-6 pm.

DENTAL ASSISTANT. Terrific working environment. Experience not necessary will train. Please 847-1115.

DIETARY AIDE, day & evening shifts availab Experience preferred but not required. Anyone interested should stop by & fill out an application at Lage House, 70 Harrison Ave., Newport, RI. EOE.


DRIVERS: Vans and small buses. must have Class C CDL with passenger endorsement. Flexible hrs competitive wages. Excellent benefit package. C Sherri at 848-5710, or ply at Maher Transportation, 910 Aquidneck Ave Middletown. EOE, M/F/D/V.

EARN \$140-\$170/WEEK delivering the Provident Journal. Early mornin routes. Great extra income Call Mike, 683-7802.

ELECTRICIAN APPRENTICE seeking energetic person w/2 yrs. experience for well established electrical firm. We offer excellent wages, vacation 401k plan. For confident interview call 847-2542.

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## 010 - Help Wa

COOK experience needed, competitive pay. Alex Mike at Salvation Ca: 847-2620.

**HOTEL: FULL-TIME HOUSEKEEPERS**, Laundry & Front Desk. Apply Ra made Inn, Middletown.

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**MECHANIC** - Full & part time. Basic mechanical experience needed, will tr: Apply in person, Halls Balls, 105 Chases Lane Middletown.

**MEDICAL SECRETARY** - Full-time for busy cardi: gy office in Newport. Abi to multitask, use compu ers, with strong transc tion skills required. O sional medical assisti: Excellent salary and ben fits with a great w environment. Fax resume to 401-331-4487.

**NANNY NEEDED** to care for our 2 1/2 yr. old d: ter in our Newport home. Ideal for College student Mother w/child, pa negotiable. Call 619-0888

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**NEWPORT RESERVATIONS** is looking for energeti: hospitality minded indivi als. Face to face interac and phone skills a required. Previous hotel reservation experience plus. Full time & part positions available. Plea call 842-0102.

**RECEPTIONIST/PHONE OPERATOR:** This is a full time clerical position in accounting department. A bright individual, who is excellent phone skills, able to multi-task, work well under pressure and is willing and eager to learn basic bookkeeping responsibilities will fill the post. The benefit package includes Blue Cross/Blue Shield insurance. Please send resume and cover letter to Accounting Manager at the Newport Daily News, PO Box 420, Newport, RI 02840 or email Curley@NewportRI.com.



## 010 - Help Wa

**NATIVE RUSSIAN SPEAKER** wanted for conversational practice. 1 hr./mo. 841-6:

**PRINTING-** High pay for high quality 2 color person, benefits. 847-112

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**RESIDENT CARE ASSISTANTS/companions** needed: 7am-11am, 5pm-9pm & 11pm-7am. Also, MAD TECH/ nurse Part-time 7am-3pm. These positions require every other weekend/holiday. Apply in person to Blenheim Newport 303 Valley Rd., Middletown

**RESIDENTIAL MANAGER** Energetic individual w/good organizational & leadership skills needed to manage home in Barrington RI, people w/developmental disabilities. Please send letter of intent and resume to Maher Center, Attn: Brenda Faria, P.O. Box 6 Bristol, RI 02809 or 253-7880. EOE M/F/D/V.

**SOCCOR COACHES** for middle school boys & girls this fall at St. Michael's Country Day School in Newport. 4 afternoons/wk Call 846-7524 & ask for Emlen.

**STYLIST** - Busy cuts only salon has a full time opening. Quic-Kuts: 847-4247.

**TEACHER-** Little Friends is interviewing candidates for full time position to Sept. '02. Please send resume to 33 Mitchell's Lane Middletown, RI 02842.



**TEMPORARY** part time receptionist for busy retirement community. Weeknights Mon-Fri 3pm-9pm. Apply in person Blenheim-Newport, 303 Valley Rd. Middletown.

**WAITPERSON.** Apply at Griswold's Tavern, 103 Bellevue Ave., Newport.

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**WEDDING GOWN**, size 5/6, white w/train, very elegant. access. Paid \$1,4 asking \$500. 849-0271.

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**COMPUTER, SCANNER, printer, copy machine, desk, work bench & chairs** Picture frames, magnifying lights & more. 845-9766.

## 530-Household Appliances

**3 PC. LIVING ROOM SET.** Couch, loveseat & chair Like new. \$400. 847-5589

**BDRM. SET**, white laquer, king size headboard, tri dresser, 2 nightstand amoire & chest. Good cond. \$650. 683-6059.

**BED:** A Black wrought iron queen, headboard/ footboard/canopy. Mattress/box/frame. Unused Can deliver. Cost \$1200 sell \$270. 486-6474.

## 530-Household Appliances

**DINING RM.** table w/2 leaves & 4 chairs. \$2845-6949.

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**ANTIQUE** small desk & chair. 4 Hummal dolls. A tique rocking chair. \$84 for all. Call 848-2244 mornings till 9:30, eves. till

**ANTIQUE** small desk & chair. 4 Hummal dolls. A tique rocking chair. \$84 for all. Call 848-2244 mornings till 9:30, eves. till

## 660-Flea Market

**ROUTE 177 FLEA MARKET** Tiverton RI Free parking & admission Sat. & Sun., 9am-5pm. 401-625-5954. Free Sunday dealer space.

## 670-Business Opportunities

**INVESTING?** Promises of big profit mean big risk! Call RI Consumer Protection at 800-852-7776, or the Federal Trade Commission at (877)-FTC-HELP for free information. Or visit Web site at: www.ftc.gov/bizop.

**MIDDLETOWN RESTAURANT/BAR**, 2600 sq. ft. completely refurbished interior, long term lease place, near beach. \$175000. Joe Rose, ReMax 848-6754.

## 685-Wanted To

**GREAT TENANTS+ REFS.** Secure income. Lge. bdrm or 3. \$950. 848-4320

## 690-Apartments

**1 ROOM.** Beautiful 4 bedroom house. \$600 a month. Ted Zack, 841-8665.

**ROOMMATE** wanted, master bdrm., new Thames St apt., Newport. Avail. \$500+/mo. 401-580-6674.

## 710-Unfurnished Apartments

**1 BDRM.** near beach. \$1000. ERA OceanSide Realty, Nancy 741-5920.

**1 BDRM. NORTH NEWPORT** Parking. \$850 incl. heat Manny, Oceanside Realty, 849-5599.

**2 BDRM. 2 BATH CONDO.** 2nd & 3rd floor, awesome bridge view. Large close & near base. \$1300+utils /mo.. Call 401-268-3880.

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## 720-Furnished Apartments

**DOWNTOWN NEWPORT** avail. Sept. 2 bdrm., nice furn. w/washer/dryer \$1200+. Osborn Realty 849-4150.

## 730-Houses for Rent

**4 BDRM. DUPLEX.** Kay-Catherine St. area. hardwoods, 1-1/2 baths, dishwasher, hookups, deck. No smoking. \$1,500 848-9461.

**5TH WARD** lge. 3 bdrm., 2.5 bath, new house \$2400/mo. + utils. 849-165

**BELLEVUE AVE.** Gatehouse, charming 2 bdrm. fully furn. Avail. \$2300/mo. 846-8889.

**KAY ST. VICTORIAN** 4 bdrms., 3 baths, hardwoods, parking. \$2000+. Private Properties 846-90 ext. 15, eves. 846-5434.

**LITTLE COMPTON-** 1 bdrm. mobile home- \$900/mo. Spinnaker Real Estator 401-635-2300.

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**POINT SECTION, 4 BDRM.,** 2 bath, charming, washer/dryer. \$1,800+. 374-071

**YR. ROUND,** Avail. 9/1, bdrm., walk to beaches lge. deck, fireplace. pets \$1800. 846-5514 eves

## 740-Summer Rentals

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**JAMESTOWN.** Few wks. left. \$900 per wk. 401-2737. www.jamestownrent.com.

**PARADISE AVE.,** Middletown - 1 bdrm. apt., sle 4. Beautiful country setting \$925 a wk., 847-2774.

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**FORD F150 '89:** Runs great. 8' bed, 5 spd. \$1,200 best. 841-8244.

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**2000 SEASWIRL STRIPER,** Center console, custom interior, 175 hp Johnson, 10 hrs. Mint cond. \$19,500 Jerry at 401-935-4260.

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**ACURA INTEGRA '92,** 5 spd., new high performance tires, chrome rims new timing belt, CD. Music. \$3300/best. Car Portsmouth. 508-527-0204.

**BMW 318i convertible-** 1996, 99,000 mi., great shape \$15,800, 624-4935.

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# The Newport Daily News

## RECEPTIONIST/PHONE OPERATOR

This is a full-time clerical position in the accounting department. A bright individual, who has excellent phone skills, is able to multi-task, can work well under pressure, and is willing and eager to learn basic bookkeeping responsibilities will fill the post. The benefit package includes Blue Cross/Blue Shield health insurance. Please send resume and cover letter to Accounting Manager at the Newport Daily News, PO Box 420, Newport, RI 02840 or email them to Curley@NewportRI.com



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MASERATI QUATRO PORT III 84': 32,000 original mint cond., auto., n sticker. \$13,500. 845-933	MITSUBISHI ELCIPSE GSX '90: White, 4 wheeldri hatchback, needs some work. \$2,400. Call 846-307	PEUGEOT STATION WAG- ON '84-'85. Runs, good fc parts. Best offer. 423-2'	TOYOTA FORERUNNER, 4X4, 95. Standard, 4 spc \$10,500/best. 846-4858.	TOYOTA PREVIA DX '96: 68,000 mi., good cond. towing pkg., roof rack, vacy windows, cd player \$9,999. 374-0712.	VW JETTA - 95, white w/black interior, sunroof spd. \$5000, 401-662-2200.







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## Revisions on horizon for Evals and Fitreps

MILLINGTON, Tenn. (NNS) — Several revisions designed to focus on the growth and development of officers and Sailors have been approved for the Navy's performance evaluation system.

The changes to fitness reports (Fitreps) and evaluations (Evals) become effective Aug. 31.

Commanders (O-5's) will be the first group evaluated using

**Navy-wide news** the new forms in August, followed

closely by chief and senior chief petty officers, and chief warrant officers (W-2) in September.

Among the changes to Fitreps and Evals recommended by a Performance Evaluation and Counseling working group composed of Fleet officer and enlisted leadership, and approved by the Chief of Naval Operations were:

— Removal of the requirement to substantiate 5.0 grades in the comments section. The additional space allows evaluators to personalize the feedback for the individual and provide detailers and selection boards insight for assignment and promotion.

— Addition of a mandatory comment on the reports of leaders, from leading petty officers to commanding officers, judging their efforts and effect in "fostering a command and workplace environment conducive to the growth and development of personnel."

— Revision to the "Equal Opportunity" trait. It now reads, "Command or Organizational Climate/Equal Opportunity" and grades officers' and Sailors' performance in improving retention, support for growth and development of subordinates, leadership in equal opportunity, and community involvement.

A fourth change is the addition of a "summary group average block" showing members how their overall average compares to others graded by the same senior. This allows them to see the same information being provided to selection boards.

The "Military Bearing" trait has also been revised to reflect guidance in the latest physical fitness instruction. A score of excellent or outstanding on the physical fitness assessment is no longer required to achieve a

5.0 in that category.

## 'Fat burners' can stress healthy heart

YOKOSUKA, Japan (NNS) — Workouts may not work out as intended if combined with dietary supplements, so-called "fat burners." Athletes and wannabes take these chemicals to look

buff. But if the label on the jar says "ephedra alkaloids (Ma Huang)" and/or "Guarana," you may want to think twice about what you swallow.

Ma Huang, or Ephedra, is a natural form of the drug Ephedrine, a powerful stimulant of the heart and central nervous system. The drug speeds the body's metabolism, which affects the kidneys and liver.

Guarana is similar to caffeine. Clinical studies have proven that, taken together or separately, these substances increase heart rates, body core temperature, and blood pressure. In a workout, the stress can overwhelm a person's body.

Experts say they are especially dangerous when taken before or during intense physical exercise.

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**For more details or to apply for a Navy Federal auto loan, visit [www.navyfcu.org](http://www.navyfcu.org), call 1-800-336-3333 or stop by a Navy Federal member service center.**

\*Offer valid July 5, 2002—August 31, 2002. Offer void when 7-day repurchase privilege is activated. Navy Federal will deposit \$500 into your share savings account within 14 business days of vehicle loan documents receipt at Navy Federal headquarters. Offer not valid for previous Enterprise vehicle purchases. Not valid with any other Enterprise Car Sale offer. Navy Federal Credit Union can serve most active and retired Navy and Marine Corps military personnel, Department of the Navy civilian employees and their families. Federal law generally prohibits federal credit unions from serving nonmembers. This credit union is federally insured by the National Credit Union Administration. 10453 (7-02)